

## Lori A. Pilosi, M.S., CTRS

Marworth  
M.C. 70-00  
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Clarks Summit, PA 18411

### FORMAL EDUCATION

**Undergraduate:** Associate of Arts, Developmental Disabilities and Mental Health, 1983, Keystone Junior College, La Plume, PA; Bachelor of Science, Recreation and Leisure Services Management, 1986, East Stroudsburg University, East Stroudsburg, PA

**Master's:** Master of Science, Therapeutic Recreation, 2006, State University of New York, College at Cortland, Cortland, NY

### PROFESSIONAL EXPERIENCE

#### **Recreation Therapist**

19 years; 1991 to present

Marworth (A Geisinger Affiliate), Waverly, PA

Hired to develop a Therapeutic Recreation Program for chemically dependent clients in an inpatient environment. Responsibilities include facilitating a variety of recreational activities such as, but not limited to, relaxation exercises, experiential activities, sports, art and crafts, off grounds trips, and a voluntary exercise program. Responsible for developing and facilitating ropes course/team building activities for clients and staff, according to Association for Challenge Course Technology standards. Other duties include documentation of progress, lecture presentations, purchasing equipment, quality improvement monitoring, and updating/developing department policies and procedures. Attend all multi-disciplinary treatment team meetings.

#### **Recreation Director/Coordinator**

4 years; 1986-1990

The Hideout, Lake Ariel, PA

As Recreation Director from 1988-1990, responsibilities included the development and supervision of recreation and leisure services of a 2,700 acre resort community. Duties included supervision of recreation personnel, activities, programs, and monitoring department budgets. Directly involved in management of 2 pools, 2 beaches, marina, indoor sport complex, equestrian facility, ski hill, campground, arts center, game room, tennis courts, and 3 outdoor recreation complexes.

As Recreation Coordinator from 1986-1988, responsibilities included planning, coordinating, and directing all recreational activities. Assisted in the administration of the recreation office.

**TEACHING**  
(2005-2010)

**A. Courses Taught 2005-2010:**

Course #	Course Title	Credits	Semesters Taught
REC 4/535	TR Interventions –SUNY Cortland	3	Spring 2007 Spring 2008 Spring 2009 Spring 2010
REC 4/538	Design and Administration of TR Services- SUNY Cortland	3	Fall 2008
RECR 362	Therapeutic Recreation Interventions- East Stroudsburg University	3	Spring 2008 Spring 2009
RECR 150	Introduction to Recreation and Leisure Services- East Stroudsburg University	3	Fall 2009

**SCHOLARLY ACTIVITY**  
(2005-2010)

**D. Presentations:**

Local: **Cultural Diversity Monthly Lecture, 2005-2010**

Marworth Treatment Center, Waverly, PA

**Recreation in Recovery Monthly Lecture, 2005-2010**

Marworth Treatment Center, Waverly, PA

**Marywood University Campus Ministry Leadership Training, 2009**

Marywood University, Scranton, PA

**Marywood University Campus Ministry Team Building, 2009**

Marywood University, Scranton, PA

**Nurturing Relationships between Student and Practitioners, 2008**

East Stroudsburg University, East Stroudsburg, PA

**Guest Lecturer, 2008**

University of Scranton, Scranton, PA

**Wellness Adventures, 2008**

Waverly Community Center, Waverly, PA

**Intercollegiate Leadership, 2007**

Misericordia University, Dallas, PA

**E. Research and Writing in Progress:**

**Thesis Committee Member/Co-Researcher, 2007**

Marywood University, Scranton, PA

Lisa M. Rigau: "The Effects of a Behavioral Weight Loss Program and Adventure Based Counseling on BMI and Self-Concept in Overweight Adults"

Dr. Alan Levine, committee chairperson

**SERVICE**  
(2005-2010)

**C. All-College:**

**Internship Supervisor**

Supervised and mentored undergraduate and graduate student interns from East Stroudsburg University, Temple University, Lockhaven University and State University of New York at Cortland at Marworth Treatment Center.

**PROFESSIONAL INVOLVEMENT**  
(2005-2010)

**A. Memberships:** National Recreation and Park Association (NRPA), Member of Marworth Staff Growth and Development Committee

**B. Conference and Workshop Attendance:**

**May 13, 2009**

**Suicide: Myths, Risks, and Interventions**

Gerianne Barber, MS, NCC, LPC, CRC

Marworth Treatment Center, Waverly, PA

**March 12, 2009 Diversity, Tolerance and Multicultural Skills in the Workplace**

Roya Fahmy Swartz, MSW/Creative Arts Therapist

Marworth Treatment Center, Waverly, PA

**November 19, 2009**

**Experiential Stress Reduction for Caregivers**

Gina L. Sager, MD, RYT

Marworth Treatment Center, Waverly, PA

**March 19, 2008 A Strengths Based Approach- A Sea of Change**

Lynn Anderson, Ph.D., CTRS, CPRP and Linda Heyne, Ph.D, CTRS

Marworth Treatment Center, Waverly, PA

**December 1, 2007**

**Integrating Spirituality into Therapy**

David Powell, Ph.D.

Marywood University, Scranton, PA

March 24-27, 2007 New York State Therapeutic Recreation Association  
(NYSTRA) 12th Annual Conference: The Power of Therapeutic Recreation  
Saratoga Springs, NY

November 3-4 2005 55th Annual Cortland Recreation Conference, Leisure Fever  
Cortland, NY

September Debriefing Tools

29-30 2005 Project Adventure, Chappaqua, NY

Workshop on development of skills to promote group reflection and learning during adventure activities.

July 11-14 2005 Adventure Based Counseling

Project Adventure, Summerdale, PA

Workshop on the experiential learning cycle, facilitation, and debriefing of adventure activities/challenge course elements.

June 16-17 2005 Dialectical Behavior Therapy for Substance Abusers

Marworth Treatment Center, Waverly, PA

Presented by: Jennifer Sayrs, Ph.D. and Kim Lehnert, Ph.D.

April 9-12 2005 NYSTRA 10th Anniversary Diamond Jubilee: Therapeutic

Recreation, The Cutting Edge

Kerhonkson, NY

#### C. Certifications:

Certified Therapeutic Recreation Specialist (CTRS)  
American Heart Association Health Care Provider CPR and AED  
American Red Cross Standard First Aid

#### D. Honors and Awards:

Rho Phi Lambda