

PED 395/301 Fall 2008  
Study Notes – FIT  
Lesson Eight

The focus of this lesson is to assist you in identifying the ways that the American Red Cross ensures the quality and consistency of the courses the organization delivers. As an ARC instructor, you are expected to follow standards of ethical behavior. These standards not only address how you interact with participants and the public, but also are linked to how you deliver ARC courses.

Please read the lesson and associated materials to understand the concepts covered in this lesson.

- Understand the five commitments.
- Know that the instructor's manual allows you to standardize how you deliver courses. Each manual contains: an administrative section, a teaching tools section and appendices that contain a variety of materials.
- Be prepared to discuss and complete the exercises in class found on pages 23 and 24.